

WANT TO BECOME AN INTEGRATIVE PSYCHIATRIST?

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As of this writing, there are no formal residencies in Integrative Psychiatry. In the meantime, future integrative psychiatrists are encouraged to pursue the resource below:

RESOURCES FOR MEDICAL STUDENTS

- The American Medical Student Association (AMSA) supports Integrative Medicine and has resources. In the search box of Amsa.org, enter “Integrative Medicine”. Or, visit AMSA’s Integrative, Complementary and Alternative Medicine Resource Center (ICAM) directly here: (<https://www.amsa.org/advocacy/action-committees/twp/im-resource/>)
- Become a medical student member of the American Psychiatric Association (<https://www.psychiatry.org/residents-medical-students/medical-students>). Then you can join the APA Caucus on Complementary & Alternative Medicine by going to www.IntPsychiatry.com.
- Apply for Psychiatry residencies within medical centers that have at least one of the following:
 - A residency in Integrative Medicine for Primary care
<http://www.abpsus.org/integrative-medicine-fellowships>
 - An Integrative Medicine Treatment Center
<http://www.imconsortium.org/members/members.cfm>
 - If the above choices are not available, then look for a medical center which also has one of the following conventional medicine residency programs (which border and overlap with Integrative Medicine):
 - Preventive Medicine - http://www.acpm.org/?GME_MedStudents
 - Public Health
 - Occupational & Environmental Medicine
https://www.acoem.org/uploadedFiles/What_is_OEM/ACOEM%20Residency%20Program%20Showcase.pdf

RESOURCES FOR RESIDENTS AND ATTENDING

- WITHIN THE APA
 - Join the APA Caucus on Complementary & Alternative Medicine (CAM)
www.IntPsychiatry.com
 - Attend the Annual Meeting of the American Psychiatric Association and attend sessions within the “Integrative Medicine (CAM)” track. www.IntPsychiatry.com
 - Peruse textbooks on Integrative Medicine in Psychiatry from the APA’s Publishing arm <https://www.appi.org/home/search-results?FindMeThis=cam>
- OUTSIDE THE APA
 - Complete a fellowship in Integrative Medicine (some are in-person, some are mostly online) <http://www.abpsus.org/integrative-medicine-fellowships>
 - Take a course on Integrative Psychiatry (CMEs offered)
<http://www.psychiatrymasterclass.com/>

- Join or visit the webpage of one of the Integrative Medicine Professional Organizations for online CMEs or in-person conferences:
 - Academy of Integrative Health & Medicine (this is also an option for non-MD's, e.g. therapists, chiropractors, etc.) www.AIHM.org
 - Institute of Functional Medicine (IFM) www.FunctionalMedicine.org
 - American Academy of Anti-Aging Medicine (A4M) www.A4M.com
- NIH National Center for Complementary and Integrative Healthcare – Has archived videos for free CME <https://nccih.nih.gov/training/videolectures>